

# STUDIO 4 COVID-19 POLICIES & PROCEDURES (Updated 4-13-2021)

## IMPORTANT S4D PROCEDURES

- Everyone must assess symptoms prior to arrival and remain home if experiencing symptom(s)
- Everyone must sanitize upon arrival and departure AND when changing shoes/classes
- Masks are required at all times
- Dancers must be dropped off no more than 5 minutes before class
- Closed Lobby with the following exceptions:
  - Dancers Preschool & younger are allowed 1 parent/guardian to remain in the facility with them during class time
  - Rec dancers in Kindergarten may have 1 parent/guardian enter the facility to drop off and return for pick-up
  - Any dancer with special needs who is unable to manage independently is allowed 1 parent/guardian
- Parent volunteers will continue to be stationed at the entrance door to assist dancers if needed.

## WHEN TO TEST

- As soon as you begin to experience Covid-19 related symptoms
- 5 full days after exposure

## WHEN TO STAY HOME & ZOOM

- If you are experiencing symptoms of Covid-19.
- If you have tested positive for Covid-19
- If you are a close contact to somebody who tested positive for Covid-19
- If you are a household member of somebody who tested positive for Covid-19
- If you are on a required quarantine for ANY activity/school and have not been cleared to resume by MDH & Studio 4

## WHO IS CONSIDERED A CLOSE CONTACT?

- A person who was within 6 feet for at least 15 minutes over a 24hr period, going back 48 hours before person tested positive (asymptomatic) or from the time symptoms began (symptomatic).
- Anyone who lives in the same household as someone who tests positive for Covid-19

## WHAT DO I NEED TO DO IF MY CHILD IS A CLOSE CONTACT?

- Follow MDH/CDC guidance for a safe return to activities
- EMAIL [studio4dancers@gmail.com](mailto:studio4dancers@gmail.com) to notify of the exposure. Include the following information:
  - 1)Dancer's Name & Class, 2)Exposure Date, 3)Exposure Location (school, etc..) & corresponding quarantine dates
- QUARANTINE
  - A full 14-day quarantine is recommended for Close Contacts. A shorter 7-day or 10-day quarantine may be possible to resume Studio 4 class/events. If symptoms develop within the 14-days after exposure get tested immediately.
- Competitive dancers must also post on their Band Page informing teachers/dancers of absence

## WHAT DO I NEED TO DO IF MY DANCER OR HOUSEHOLD MEMBER TESTS POSITIVE?

- Follow MDH/CDC guidance for a safe return to activities
- EMAIL [studio4dancers@gmail.com](mailto:studio4dancers@gmail.com) the following information w/ subject line – "Positive Covid-19 Case":
  - 1)Dancer's Name & Class 2)Date symptoms started (*indicate no symptoms if asymptomatic*) 3)Brief description of symptoms 4)Include the non-altered positive test result (*please forward the email directly from your testing facility*)
- QUARANTINE
  - A 10-day quarantine from positive test date is required for anyone testing positive. To return individual must be fever free for 24 hrs without fever reducing medication AND their symptoms must have improved.
  - Household members must follow MDH/CDC guidelines AND quarantine for a minimum of 14 days from positive test
- To limit exposure, we encourage families to make contact with any "close contact" of the person testing positive during the 48 hours prior to symptoms (*symptomatic*) or positive test result (*asymptomatic*). IE: carpools, playdates, etc...
- Competitive parents are highly encouraged to post on Band Page(s) and include notification of their child's positive case.

## STUDIO 4 NOTIFICATIONS

- A general notification will be emailed to any class in which there is a positive case.
- If a dancer is considered a close contact and exposed at Studio 4, they will receive a phone call and/or email with details

**PLEASE STAY UP TO DATE ON MDH ([www.health.state.mn.us](http://www.health.state.mn.us)) & CDC ([www.cdc.gov](http://www.cdc.gov)) GUIDANCE**

**WE APPRECIATE YOUR COOPERATION TO HELP KEEP OUR STUDIO 4 FAMILY SAFE!**