

STUDIO 4 COVID-19 POLICIES & PROCEDURES

(Updated 1-1-2021)

IMPORTANT S4D PROCEDURES

- Everyone must assess symptoms prior to arrival
- Everyone must sanitize upon arrival and departure AND when changing shoes/classes
- Masks are required at all times
- Rec Dancers must be dropped off no more than 5 minutes before class
- Comp Dancers must be dropped off at class start time
- Closed Lobby with the following exceptions:
 - Dancers Preschool & younger are allowed 1 parent/guardian to remain in the facility with them during class time
 - Rec dancers in Kindergarten may have 1 parent/guardian enter the facility to drop off and return for pick-up
 - Any dancer with special needs who is unable to manage independently is allowed 1 parent/guardian
- Parent volunteers will continue to be stationed at the entrance door to assist dancers if needed.
- Minor adjustments have been made to ensure classes/programs follow the new pod requirements.
- Should there be a positive case in your child's class/pod email communication will be made to the entire class/pod informing them about the positive case. Close contacts will be contacted and required to quarantine.
- We ask all families to follow guidelines given by the MDH in regards to symptoms and exposures. Questions should be directed to your child(ren)'s pediatrician.

WHEN TO STAY HOME & ZOOM -

- If you are experiencing symptoms of Covid-19.
- If you have tested positive for Covid-19
- If you are a close contact to somebody who tested positive for Covid-19
- If you are a household member of somebody who tested positive for Covid-19
- If you are on a required quarantine for ANY activity/school

WHO IS CONSIDERED A CLOSE CONTACT?

- A person who was within 6 feet for at least 15 minutes or had direct physical contact of someone who is infected, going back 48 hours before person tested positive (asymptomatic) or from the time symptoms began (symptomatic).
- Anyone who lives in the same household as someone who tests positive for Covid-19

FOLLOW MDH GUIDELINES QUARANTINE TIMELINE

- Close contacts must quarantine for 14 days from last contact with positive case. Quarantine from all activities is REQUIRED. A 14-day quarantine is required even with a negative test result. Close contacts will be notified of exposure date. If a dancer is a close contact and exposed at Studio 4, an email with exposure date will be sent.
- If during quarantine symptoms arise, quarantine for 10 days from start of symptoms AND you are fever free for 24 hours (without fever reducing medicine) and your symptoms have improved.
- If you test positive for Covid-19 you may return back to activities 10 days from when symptoms began, or 10 days from a positive test result for asymptomatic individuals AND you are fever free for 24 hours (without fever reducing medicine) and your symptoms have improved.

WHAT DO I NEED TO DO IF MY CHILD IS A CLOSE CONTACT?

- Follow MDH guidelines for length of quarantine and isolate from ALL activities during the quarantine period
- Email studio4dancers@gmail.com the length of an absence that will occur due to being a "close contact" to a positive individual outside of Studio 4. Competitive dancers should also post this information to class Band pages.
- Take dance class on Zoom if symptoms allow until a safe return date is reached

WHAT DO I NEED TO DO IF MY DANCER TESTS POSITIVE?

- Email studio4dancers@gmail.com immediately with subject line – "Positive Covid-19 Case"
 - Include the following information in the email:
 - Dancers first and last name
 - Date the symptoms started (or indicate no symptoms if asymptomatic)
 - What the symptoms are
 - Date of positive test
- To limit exposure, we encourage families to make contact with any "close contact" of the person testing positive during the 48 hours prior to symptoms (symptomatic) or positive test result (asymptomatic). IE: carpools, playdates, etc...
- Competitive parents are encouraged to post on their class Band page and inform the class of your child's positive case
- Follow all MDH and physician guidance for a safe return to activities