

# STUDIO 4 COVID-19 POLICIES & PROCEDURES

(Updated 11-1-2020)

## IMPORTANT S4D PROCEDURES

- Everyone must sanitize upon arrival and departure
- Dancers must sanitize when changing shoes/classes
- Masks are required at all times
- Dancers must be dropped off no more than 5 minutes before class
- Dancers ONLY are allowed inside Studio 4
  - Dancers Kindergarten age and younger are allowed to have 1 parent/dancer in the facility with them. To minimize the # of people inside the studio we are requesting that siblings remain at home. If this is not possible parent and sibling can enter to get the young dancer into class and to pick-up the dancer, but will need to remain in their car during the class.
  - Parent volunteers will continue to be stationed at the entrance door to remind dancers to sanitize upon arrival and assist dancers if needed.
- To be able to identify close contacts and limit the # of dancers who are required to quarantine should there be a positive case in the class, all dancers will be given an assigned space for class. (Excluding Dance & Play and Movin' & Groovin')
- We ask all families to follow guidelines given by the MDH in regards to symptoms and exposures. Questions should be directed to your child(ren)'s pediatrician.

## WHEN TO STAY HOME & ZOOM -

- If you are experiencing symptoms of Covid-19.
- If you have tested positive for Covid-19
- If you are a close contact to somebody who tested positive for Covid-19
- If you are a household member of somebody who tested positive for Covid-19
- If you are on a required quarantine for ANY activity/school

## WHO IS CONSIDERED A CLOSE CONTACT?

- A person who was within 6 feet for at least 15 minutes of someone who is infected, going back 48 hours before person tested positive (asymptomatic) or from the time symptoms began (symptomatic)
- Anyone who lives in the same household as someone who tests positive for Covid-19

## FOLLOW MDH GUIDELINES QUARANTINE TIMELINE

- Close contacts must isolate for 14 days from last contact with positive case. Isolation from all activities is REQUIRED. Even with a negative test result, 14 days of quarantine is required. If a dancer is a close contact and exposed at Studio 4, an email with exposure date will be sent.
- If during quarantine symptoms arise, quarantine for 10 days from start of symptoms AND you are fever free for 24 hours (without fever reducing medicine) and your symptoms have improved.
- If you test positive for Covid-19 you may return back to activities 10 days from when symptoms began, or 10 days from a positive test result for asymptomatic individuals AND you are fever free for 24 hours (without fever reducing medicine) and your symptoms have improved.

## WHAT DO I NEED TO DO IF MY CHILD IS A CLOSE CONTACT?

- Follow MDH guidelines for length of quarantine and isolate from ALL activities during the quarantine period
- Competitive dancers, post to class Band page the length of an absence that will occur due to being a "close contact" to a positive individual
- Take dance class on Zoom if symptoms allow until a safe return date is reached

## WHAT DO I NEED TO DO IF MY DANCER TESTS POSITIVE?

- Email [studio4dancers@gmail.com](mailto:studio4dancers@gmail.com) immediately with subject line – "Positive Covid-19 Case"
  - Include the following information in the email:
    - Dancers first and last name
    - Date the symptoms started (or indicate no symptoms if asymptomatic)
    - What the symptoms are
    - Date of positive test
- To limit exposure, we encourage families to make contact with any "close contact" of the person testing positive during the 48 hours prior to symptoms (symptomatic) or positive test result (asymptomatic). IE: carpools, playdates, etc...
- Competitive parents are encouraged to post on their class Band page and inform the class of your child's positive case if you are comfortable doing so
- Follow all MDH and physician guidance for a safe return to activities